

ENERGY AT WORK & ACTIVE MEETINGS

Below is our proposal that includes a complete service and lots of unforgettable running experiences for all participants. The entire suggested program is adapted to the needs of your employees, which will be enjoyed by beginners and advanced runners alike.

ENERGY AT WORK

Individually adapted running course straight FROM YOUR OFFICE

Frequency and time upon your wishes and needs (most common frequency is 1-2 times/week)

Run with a professional Running Mall coach

Training			
Number of runners	1-10	11-20	21-30
Price per session	2 000 Kč	4 000 Kč	6 000 Kč
Number of coaches	1	2	3

PRICES ARE WITHOUT VAT

ACTIVE MEETINGS

Customized program starting FROM OUR RUNNING MALL CENTER

Run with a professional Running Mall coach in Letná or Stromovka park

Services available (lockers, towel, shower)

Running Mall facilities at full disposal (conference room, gym, adidas store, water bar)

Active meeting options			
Number of runners	minimum 5 people		
Program	training with coach only	with breakfast or brunch	with lunch or dinner
Price per person	250 Kč	500 Kč	700 Kč

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OTHER RECOMMENDED SERVICES AVAILABLE UPON REQUEST

What our clients usually ask us for:

Personalised (your company logo, name) adidas running t-shirt – 800 Kč/pc.

Running yoga/functional training in Running Mall – 150 Kč/person

Individual training with a coach– 800 Kč/person

Massage (60min) in Running Mall – 800 Kč

Prepaid voucher to adidas running – Prague Marathon Store – 500 Kč

Photo report – 7 000 Kč/one album

Video-summary of the event – 15 000 Kč

Motivational speech, seminar, lecture, workshop – upon request

InBody – Nutrition plan – 1 600 Kč/person

